

		Year 7	Year 8		Year 9		Year 10
Monday	Longer task 1 (approx. 1h)	Science	MFL		Option A	Longer task 1 (approx. 1h 30 min)	English
	Longer task 2 (approx. 1h)	English	Maths	Longer task 1 (approx. 1h 30 min)		Longer task 2 (approx. 1h 30 min)	Option A
	Shorter task 1 (approx. 30min)	PSHE	Music	Longer task 2 (approx. 1h)	Maths	Shorter task 1 (approx. 45min)	Science
	Shorter task 2 (approx. 30min)	Art	PE	Shorter task 1 (approx. 30min)	PE	Shorter task 1 (approx. 45min)	Option B
	Additional tasks:	30 min reading / Extension tasks	30 min reading / Extension tasks		30 min reading / Extension tasks	Additional tasks:	1 hour revision
Tuesday	Longer task 1 (approx. 1h)	Design (Wk 1 - Food or Textiles, Wk 2 - Design)	Science		Option B	Longer task 1 (approx. 1h 30 min)	Maths
	Longer task 2 (approx. 1h)	Maths	English	Longer task 1 (approx. 1h 30 min)		Longer task 2 (approx. 1h 30 min)	Option C
	Shorter task 1 (approx. 30min)	Geography	Computing	Longer task 2 (approx. 1h)	Science	Shorter task 1 (approx. 45min)	English
	Shorter task 2 (approx. 30min)	PE	RE	Shorter task 1 (approx. 30min)	PSHE	Shorter task 1 (approx. 45min)	Science
	Additional tasks:	30 min reading / Extension tasks	30 min reading / Extension tasks		30 min reading / Extension tasks	Additional tasks:	1 hour revision
Wednesday	Longer task 1 (approx. 1h)	English	Maths	Longer task 1 (approx. 1h)	Maths	Longer task 1 (approx. 1h 30 min)	Option D
	Longer task 2 (approx. 1h)	MFL	Geography	Longer task 2 (approx. 1h)	English	Longer task 2 (approx. 1h 30 min)	Science
	Shorter task 1 (approx. 30min)	RE	Drama	Longer task 3 (approx. 1h)	GCSE Pod	Shorter task 1 (approx. 45min)	Option A
	Shorter task 2 (approx. 30min)	Music	PE			Shorter task 1 (approx. 45min)	Maths
	Additional tasks:	30 min reading / Extension tasks	30 min reading / Extension tasks		30 min reading / Extension tasks	Additional tasks:	1 hour revision
Thursday	Longer task 1 (approx. 1h)	Science	Design (Wk 1 - Design, Wk 2 - Food or Textiles)		Option C	Longer task 1 (approx. 1h 30 min)	English
	Longer task 2 (approx. 1h)	History	English	Longer task 1 (approx. 1h 30 min)		Longer task 2 (approx. 1h 30 min)	Option B
	Shorter task 1 (approx. 30min)	Geography	Art	Longer task 2 (approx. 1h)	Science	Shorter task 1 (approx. 45min)	Option C
	Shorter task 2 (approx. 30min)	Computing	PSHE	Shorter task 1 (approx. 30min)	PE	Shorter task 1 (approx. 45min)	RE
	Additional tasks:	30 min reading / Extension tasks	30 min reading / Extension tasks		30 min reading / Extension tasks	Additional tasks:	1 hour revision
Friday	Longer task 1 (approx. 1h)	PE	Science		Option D	Longer task 1 (approx. 1h 30 min)	Maths
	Longer task 2 (approx. 1h)	Maths	History	Longer task 1 (approx. 1h 30 min)		Longer task 2 (approx. 1h 30 min)	Science
	Shorter task 1 (approx. 30min)	MFL	PE	Longer task 2 (approx. 1h)	English	Shorter task 1 (approx. 45min)	Option D
	Shorter task 2 (approx. 30min)	Drama	MFL	Shorter task 1 (approx. 30min)	RE	Shorter task 1 (approx. 45min)	PSHE
	Additional tasks:	30 min reading / Extension tasks	30 min reading / Extension tasks		30 min reading / Extension tasks	Additional tasks:	1 hour revision