

DESTINATION:  
**GREECE**

**JUNE**



IN SEASON:  
**SUMMER BERRIES**

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**JUNE**



IN SEASON:

SUMMER  
**BERRIES**

THE TINY HAIRS ARE  
CALLED STYLES WHICH  
PROTECT THE BERRIES  
AGAINST ANY DAMAGE

BERRIES ARE  
AMONG THE  
HEALTHIEST FOODS  
YOU CAN EAT

OVER THE 2 WEEKS  
OF WIMBLEDON  
OVER 1.92 MILLION  
STRAWBERRIES  
ARE SERVED

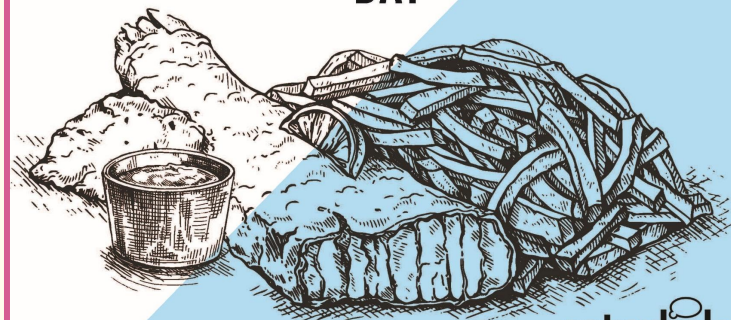


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**NATIONAL:**  
**FISH & CHIP DAY**  
**JUNE**

  
6TH JUNE

**NATIONAL**  
**Fish & Chips**  
**DAY**



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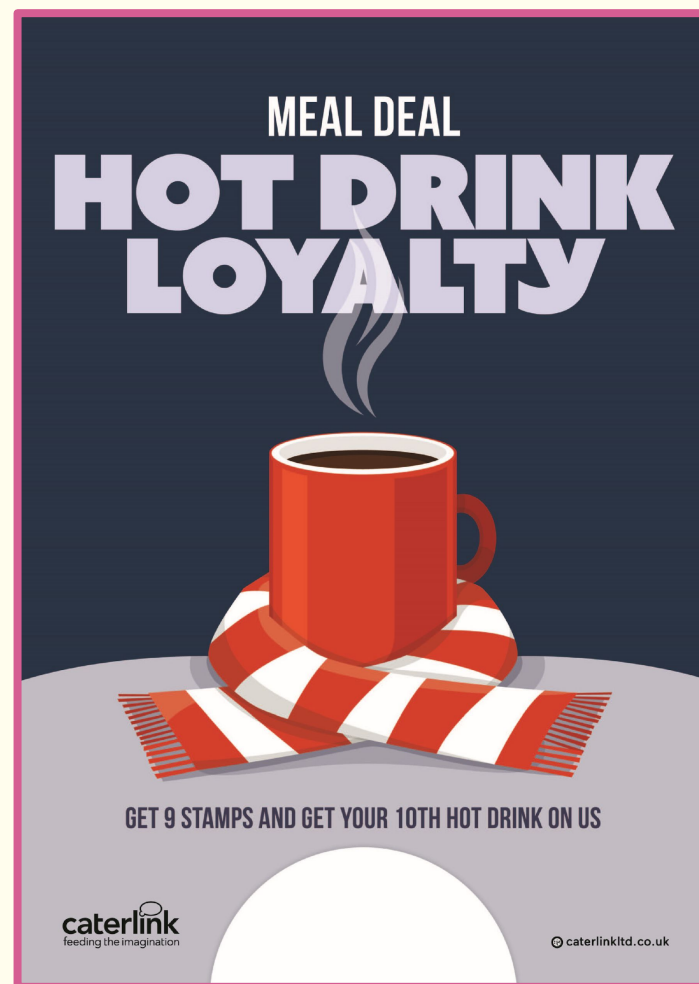
# HEALTHY EATING WEEK

## JUNE



# HOT DRINK LOYALTY CARD

GET 9 STAMPS AND GET YOUR  
10<sup>TH</sup> HOT DRINK ON US!



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# OUR BANANAS ARE FAIRTRADE

AVAILABLE NOW

**OUR**  
*Bananas*  
**ARE FAIR TRADE**

BANANAS CARRYING THE FAIRTRADE MARK HAVE BEEN PRODUCED BY SMALL FARMER ORGANISATIONS OR PLANTATIONS THAT MEET FAIRTRADE SOCIAL, ECONOMIC AND ENVIRONMENTAL STANDARDS

FAIRTRADE WORKS TO SUPPORT BOTH BANANA FARMERS AND WORKERS EMPLOYED ON PLANTATIONS.

FULL OF NUTRIENTS - ESPECIALLY POTASSIUM, CALCIUM, MAGNESIUM, IRON, FOLATE, NIACIN, B6, MANGANESE

EXTREMELY HIGH IN POTASSIUM YET LOW IN SALT, MAKING IT THE PERFECT WAY TO BEAT BLOOD PRESSURE

HIGH IN FIBRE

EASY TO DIGEST

FULL OF ANTI OXIDANTS AND HELP PROTECT THE BODY FROM HARMFUL FREE RADICALS THAT CAN CAUSE DISEASE

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