

WEEK 1

MONDAY

Classic Favourites

TUESDAY

EASTERN

WEDNESDAY

Great British

THURSDAY

SOUTHERN STYLE

FRIDAY

Fish & Chips

MAIN MEAL

SAUSAGE & MASH
Onion Gravy

SWEET N SOUR CHICKEN
50/50 Rice, Prawn Crackers

LEMON CHICKEN & PESTO PASTA BAKE,
Mixed Garden Salad, Peas

CHILLI CON CARNE
Nachos, Rice, Sour Cream, Salsa

BATTERED FISH/
SALMON FISHCAKES
Chips

VEGETARIAN MEAL

VEGGIE SAUSAGE & MASH
Onion Gravy

ORIENTAL STIR FRIED NOODLES
Black Bean Sauce

MACARONI CHEESE
Mixed Salad or Seasonal Vegetables

QUORN CHILLI CON CARNE
Nachos, Rice, Sour Cream, Salsa

VEGAN FISHLESS FINGER BAP

PASTA POTS

TOMATO & BASIL PESTO PASTA

TOMATO & BASIL QUORN BOLOGNAISE

TOMATO & BASIL ARRABIATA

TOMATO & BASIL CARBONARA

TOMATO & BASIL FLORENTINE



JACKET POTATOES AVAILABLE DAILY
TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS



VEGETABLE

STEAMED BROCCOLI

STIR FRIED GREENS

ROASTED ROOT VEG WITH CABBAGE

SWEETCORN

PEAS, GARDEN SALAD

DESSERT

BERRY & APPLE CRUMBLE
Custard

AMERICAN STYLE PANCAKES
Fruit Compote

LEMON SPONGE
Custard

TOFFEE APPLE TURNOVER
Toffee Sauce

STRAWBERRY CHEESECAKE

FRUIT POTS

WATERMELON

PINEAPPLE & POMEGRANATE

PINEAPPLE & TOFFEE

FRESH FRUIT SALAD

GRAPE POT

JELLY POTS

STRAWBERRY JELLY

ORANGE JELLY

RASPBERRY JELLY

LEMON JELLY

MIXED BERRY JELLY

YOGHURT POTS

GREEK STYLE HONEY YOGHURT

LEMON YOGHURT

STRAWBERRY YOGHURT

MANGO YOGHURT

PASSION FRUIT YOGHURT

TRY OUR HOME-MADE SOUP
WITH FRESHLY BAKED BREAD



LOOK OUT FOR AMAZING BLUE DOT MEAL DEALS

LUNCH MEAL DEAL
Check out what's on offer today!



TAKE HOME A TAKEAWAY
Collect Before You Go Home

PIZZAS, WRAPS & PANINIS
FRESH OPTIONS EVERY DAY



All of Our Deli Range, Sandwiches, Salads & Desserts are

FRESHLY MADE HERE DAILY

WATCH OUT FOR OUR POP UP & STREET FOOD PROMOTIONS

WEEK 2

MONDAY

Classic Favourites

TUESDAY

EASTERN

WEDNESDAY

Great British

THURSDAY

SOUTHERN STYLE

FRIDAY

Fish & Chips

MAIN MEAL

BEEF BOLOGNAISE
Cheesy Garlic Bread,

CHICKEN KATSU CURRY
50/50 Rice

COTTAGE PIE
Seasonal Vegetables

SMOKEY BBQ CHICKEN
Savoury Rice

BATTERED FISH/SALMON FISHCAKES
Chips

VEGETARIAN MEAL

VEGGIE BOLOGNAISE
Cheesy Garlic Bread,

VEGETABLE SPRING ROLL
50/50 Rice, Katsu Curry Sauce

QUORN ROAST
Stuffing, Yorkshire Pudding, Gravy

SMOKEY BBQ OUMPH
Savoury Rice

VEGETABLE BURGER WITH CHEESE
Chips

PASTA POTS

TOMATO & BASIL PESTO PASTA

TOMATO & BASIL QUORN BOLOGNAISE

TOMATO & BASIL ARRABIATA

TOMATO & BASIL CARBONARA

TOMATO & BASIL FLORENTINE



JACKET POTATOES AVAILABLE DAILY
TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS



VEGETABLE

CARROTS, PEAS, GARDEN SALAD

CRUNCHY STIR FRIED VEGETABLES

ROASTED ROOTS VEG WITH CABBAGE

BLACKENED CORN COBETTES

GARDEN PEAS

DESSERT

LEMON YOGHURT CHEESECAKE POT

APPLE & PEAR CRUMBLE
Custard

STICKY TOFFEE PUDDING
Toffee Sauce

WAFFLES
Fruit Compote

FRUIT SUNDAE

FRUIT POTS

WATERMELON

PINEAPPLE & POMEGRANATE

FRESH FRUIT SALAD

PINEAPPLE & TOFFEE POT

GRAPE POT

JELLY POTS

STRAWBERRY JELLY

ORANGE JELLY

RASPBERRY JELLY

LEMON JELLY

MIXED BERRY JELLY

YOGHURT POTS

GREEK STYLE HONEY YOGHURT

LEMON YOGHURT

STRAWBERRY YOGHURT

MANGO YOGHURT

PASSION FRUIT YOGHURT

TRY OUR HOME-MADE SOUP
WITH FRESHLY BAKED BREAD



LOOK OUT FOR AMAZING BLUE DOT MEAL DEALS

LUNCH MEAL DEAL
Check out what's on offer today!



TAKE HOME A TAKEAWAY
Collect Before You Go Home



PIZZAS, WRAPS & PANINIS
FRESH OPTIONS EVERY DAY

All of Our Deli Range, Sandwiches, Salads & Desserts are

FRESHLY MADE HERE DAILY

WATCH OUT FOR OUR POP UP & STREET FOOD PROMOTIONS

WEEK 3

MONDAY — Classic Favourites	TUESDAY — EASTERN	WEDNESDAY — Great British	THURSDAY — SOUTHERN STYLE	FRIDAY — Fish & Chips
---	---------------------------------------	---	---	---

MAIN MEAL

BEEF MEATBALLS IN TOMATO SAUCE Pasta, Garlic Bread	MILD CHICKEN KORMA 50/50 Rice, Poppadums	24HR BRAISED BBQ PORK Creole Rice, Charred Corn	FERNANDOS CHICKEN IN A BUN Wedges, Coleslaw	BATTERED FISH/SALMON FISHCAKES Chips
--	--	---	---	--

VEGETARIAN MEAL

PASTA BAKE Garlic Bread	VEGETABLE BALTI 50/50 Rice, Poppadums	MATURE CHEDDAR & BROCCOLI TART Mixed Salad	CAJUN GRILLED HALLOUMI BURGER Wedges, Coleslaw	MARGHERITA PIZZA Chips
-----------------------------------	---	--	--	----------------------------------

PASTA POTS

TOMATO & BASIL PESTO PASTA	TOMATO & BASIL QUORN BOLOGNAISE	TOMATO & BASIL ARRABIATA	TOMATO & BASIL CARBONARA	TOMATO & BASIL FLORENTINE
---------------------------------------	--	-------------------------------------	-------------------------------------	--------------------------------------



> JACKET POTATOES AVAILABLE DAILY <
TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS



VEGETABLE

GARDEN SALAD, PEAS	INDIAN CUCUMBER, ONION SALAD	ROASTED ROOTS VEG WITH CABBAGE	BBQ BEANS, GREENS N GRAINS	GARDEN PEAS
---------------------------	-------------------------------------	---------------------------------------	-----------------------------------	--------------------

DESSERT

APPLE & BERRY PIE Ice Cream	FRUIT TRIFLE	JAM SPONGE Custard	LEMON PANNA COTTA	BREAD & BUTTER PUDDING Custard
---	---------------------	------------------------------	--------------------------	--

FRUIT POTS

WATERMELON	PINEAPPLE & POMEGRANATE	FRESH FRUIT SALAD	PINEAPPLE & TOFFEE POT	GRAPE POT
-------------------	------------------------------------	--------------------------	-----------------------------------	------------------

JELLY POTS

STRAWBERRY JELLY	ORANGE JELLY	RASPBERRY JELLY	LEMON JELLY	MIXED BERRY JELLY
-------------------------	---------------------	------------------------	--------------------	--------------------------

YOGHURT POTS

GREEK STYLE HONEY YOGHURT	LEMON YOGHURT	STRAWBERRY YOGHURT	MANGO YOGHURT	PASSION FRUIT YOGHURT
----------------------------------	----------------------	---------------------------	----------------------	------------------------------

TRY OUR HOME-MADE SOUP
WITH FRESHLY BAKED BREAD



LOOK OUT FOR AMAZING BLUE DOT MEAL DEALS

LUNCH MEAL DEAL
Check out what's on offer today!



TAKE HOME A TAKEAWAY
Collect Before You Go Home



PIZZAS, WRAPS & PANINIS
FRESH OPTIONS EVERY DAY

All of Our Deli Range, Sandwiches, Salads & Desserts are

FRESHLY MADE HERE DAILY

WATCH OUT FOR OUR **POP UP & STREET FOOD PROMOTIONS**